



## MEDIA RELEASE

### JETWING TROPICAL VILLAS INTRODUCE AYURVEDA

Jetwing Tropical Villas recently introduced an Ayurvedic Centre at the hotel. Set amidst a jungle like garden, this centre is hidden within this small property and offers guests a secluded, yet open area for treatments. There are a total of five rooms, two single and one twin treatment room. A floral and steam bath are also on offer.

There are a wide range of treatments from 3 and 5 day programs to Shirodhara, Thailadhara and Sweda treatments. Each guest will have a consultation with the specialist Ayurvedic doctor prior to each treatment.

Should a guest like to celebrate a special occasion with their partner, then a section of the 'Ayurvedic Garden' is converted to a private dining area, with a romantic atmosphere. Here they can indulge in private therapies followed by a scrumptious meal.

Jetwing Tropical Villa is situated in Beruwela, a fishing village on the South-West coast of Sri Lanka, with alluring surf washed beaches just a walking distance away, where flowing rivers wind their way to the sea. Here, the guests can retire to the peace and seclusion of their own private villas overlooking a cool and refreshing swimming pool.

For those interested in an activity based holiday, Jetwing Tropical Villas is the best place to unwind after spending the day at the water sports centre situated in close proximity to the hotel. It's also the ideal get-away for the *young at heart* seeking a holiday of peace and tranquillity.

Ayurveda is not new to Jetwing. They were one of the first hotel chains to introduce a purpose built property, Jetwing Ayurveda Pavilions, which focuses totally on the holistic Ayurveda experience. In addition to this they manage their own spas in five of their premium properties, namely Jetwing Lighthouse, Jetwing Beach, The Blue Water and Jetwing Vil Uyana which also offers Ayurveda.

#### NOTE

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