

## ‘VIL UYANA’ SIGNATURES

### KASHYAPHA AND UPPULA

The delightful haven of relaxation and romance offers an extensive range of treatments touched with special relaxing oils which enhance the reality of love.

**Rs. 20,000 per couple**

### SPA DINING

Spa Dining at Jetwing Vil Uyana offers the perfect state of harmony and an adventure into sensual and culinary indulgence. Surprise him or her with a five course menu and a bottle of wine.

**Rs. 40,000 per couple**

## SPA PROGRAMMES BY JETWING

### JETWING 2/3 DAY – CLEOPATRA ROSE RITUAL

**Rs. 18,000 per person**

Day 1: Moisturizing herbal milky scrub and sandalwood and turmeric wrap

Day 2: Aromatherapy body massage OR Swedish massage

Day 3: ‘Sothy’s’ Jetwing nourishing facial OR ‘Sothy’s’ Jetwing purifying facial

### JETWING 3/4 DAY – DETOX

**Rs. 22,000 per person**

Day 1: Sea salt scrub, clay and herbal cocoon wrap

Day 2: Head and shoulder massage

Day 3: Foot and palm reflexology

Day 4: ‘Sothy’s’ Jetwing soothing facial

### JETWING 4/5 DAY – NATURE HEALING

**Rs. 23,000 per person**

Day 1: Head and shoulder massage

Day 2: ‘Sothy’s’ Jetwing nourishing facial OR ‘Sothy’s’ Jetwing purifying facial

Day 3: Aromatherapy body massage

Day 4: Foot and palm reflexology

Day 5: Thai massage

### THE ‘JETWING’ DREAM – 3 DAY PROGRAMME

**Rs. 20,000 per person**

Day 1: ‘Jetwing’ herbal lavender repair

OR ‘Jetwing’ fruit active glow

OR ‘Jetwing’ exotic moisture dew

Day 2: Deep tissue massage

Day 3: Aroma spa ocean wrap

## GENERAL INFORMATION

### APPOINTMENTS

We recommend prior appointments in order to secure your preferred time and date of treatment. Please arrive at the Spa at least fifteen minutes early, as a late arrival might result in your treatment time being reduced to accommodate subsequent appointments fairly.

### ALCOHOL AND SMOKING

Consumption of alcohol and smoking within the Spa is prohibited. It is also advisable to avoid them just before a treatment.

### CANCELLATION POLICY

If an appointment is cancelled less than two hours in advance, 50% of the cost of service will be charged. Unused portions of treatment packages booked are non- refundable and non-transferable.

### COMMENTS AND QUESTIONS

Should you have any questions or comments please do not hesitate to ask one of our associates or ask for the Spa Manager, who would be pleased to assist you.

### DRESS CODE

As the area is unisex, we suggest you wear a swimsuit when using the steam room or pools. Robes are provided at the Spa. Disposable underwear is provided to be worn during Spa treatments on request; however, if you wish to, you could wear your own during the treatment.

### ETIQUETTE

We request you to speak softly during the Spa treatments; Cellular phones and other electronic devices are discouraged.

### GIFT VOUCHERS

Spa gift vouchers are available for purchase from the hotel reception. Vouchers are valid for a period of six months from the date of issue.

### MEDICALS

If you have high blood pressure, heart conditions, allergies or any other medical complications or conditions, we advice that you seek medical advice prior to the use of any Spa service. Please inform the therapist of any medical condition.

### PAYMENT

All prices are in Sri Lankan rupees, with service charge and government taxes included. For your convenience, all treatments will be charged to your room account to be settled at your departure. For non-resident guests, a Spa associate will accompany you to the reception for settlement.

### VALUABLES

We recommend that no jewellery be worn during your treatment and all other valuables be left in your in-room safe before coming to the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the Spa premises.

**Jetwing**

**VIL UYANA**  
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## Island Spa

Open daily from 8:00am to 8:00pm

For reservations please dial 217

**Jetwing**

**VIL UYANA**  
SIGIRIYA • SRI LANKA





# Indulge In Luxurious Spa Experiences

Unwind in the Island Spa of Jetwing Vil Uyana –a blissful haven designed to promote ultimate relaxation and invigoration for your mind, body, and soul. Allow our trained therapists to transport you on a journey of momentary tranquility, through a range of signature spa treatments that range from massages to scrubs and more, at our home of Sri Lankan hospitality.

## MASSAGES

### REFLEXOLOGY

A massage assisting in rebalancing and harmonizing the internal organs.  
**Rs. 6,000 for 45 minutes – feet only/ Rs. 6,000 for 60 minutes – feet and palms**

### AROMATHERAPY BODY MASSAGE

Using long stroke pressure, designed for relaxation of body, mind and soul.  
**Rs. 6,000 for 60 minutes**

### AROMATHERAPY HEAD AND SHOULDER MASSAGE

A relaxing massage concentrating on the neck and shoulders.  
**Rs. 4,500 for 45 minutes**

### SWEDISH MASSAGE

Removes tight knots of tension by applying pressure to deeper muscles, resulting in stress relief.  
**Rs. 7,000 for 60 minutes**

### THAI MASSAGE

This ancient massage also known as the ‘yoga massage’ is based on application of pressure along the energy meridians of the body, with stretching of the muscles to stimulate energy flow and ease tension.  
**Rs. 8,000 for 60 minutes/ Rs. 9,500 for 75 minutes**

### SHIATSU

A Japanese massage using the finger tips. Its strokes are focused on the pathways associated with the internal organs.  
**Rs. 8,000 for 60 minutes/ Rs. 9,500 for 75 minutes**

## ‘JETWING’ MASSAGES

Jetwing has grown into one of the most successful professional spas in the island. The dynamic ingredients, medical grade formulas and dedicated research are all combined to provide a range of spa therapies that offer scientific solutions to every skin, body or lifestyle concerns.

### ‘JETWING’ BODY THERAPY – DEEP TISSUE MUSCLE MASSAGE

Deep rhythmic pressure massage alleviates stress, eases aching muscles and revives the senses. Dynamic blends of essential oils are prescribed targeting individual needs and reducing specific stress and muscle tension.  
**Rs. 8,000 for 60 minutes**

### Choose from a range of herbal blends

#### Stress- A- Way

Soothe and relax with a ‘de-stress’ blend of lavender, chamomile, melissa, geranium and bergamot.

#### Spirit Reviver

Uplift, detoxify and renew your zest for life with ‘Cellutox’ blend of lemon, lime, peppermint and grapefruit.

#### Muscle Melt

Ease away tired, aching muscles with the ‘Muscle Ease’ blend of warming rosemary, juniper, thyme, birch and chamomile. Excellent for rheumatic or sport related pain.

#### Chakra Balancing

Bring your body and emotions into total equilibrium with this blend of yang lang and geranium or the exotic essence of frangipani.

### ‘JETWING’ BODY THERAPY - DEEP TISSUE BACK MASSAGE

Specifically targeting the back, shoulders and neck areas and relieving maximum tension.  
**Rs. 5,250 for 30 minutes**

## BODY SCRUBS

### REVITALIZING SEA SALT SCRUB

Revitalize the skin by helping to draw out toxins, stimulate circulation and promote sweating. An ideal scrub to compliment any detox program.  
**Rs. 5,000 for 30 minutes**

### MOISTURIZING HERBAL MILKY SCRUB (Rose, geranium and lavender)

A totally moisturizing and nourishing body scrub which helps to soften and deeply moisturize the skin leaving it fresh and glowing.  
**Rs. 5,000 for 30 minutes**

## FACIALS

### ‘SOTHY’S’ JETWING NOURISHING FACIAL

A deeply enriching facial treatment providing essential nutrients and nourishment like, aloe herbs, lemon and geranium, apricot and borage oils and Vitamin E to the skin. Their rich nutrients and active enzymes stimulate the lymph glands and the circulation of blood.  
**Rs. 8,500 for 60 minutes**

### ‘SOTHY’S’ JETWING PURIFYING FACIAL

Regulates the skin oil production, removes impurities and excess oils, without stripping away the protective layers of the skin, leaving the skin clean and refreshed.  
**Rs. 8,500 for 60 minutes**

New Sothy's facials which can be conducted instead of Jetwing facials are, Sothy's Oxygenating Aromatherapy Radiance facial and Sothy's Skin Resurfacing Professional treatment.

## WRAPS

### SANDALWOOD AND TURMERIC HONEY WRAP

A moisturizing wrap with sandalwood and turmeric to soften and nourish the skin.  
**Rs. 7,250 for 40 minutes**

### CLAY AND HERBAL COCOON

An effective detox wrap combines the cleansing properties and helps to draw out impurities, exfoliate the skin, stimulate the circulation of blood and lymph gland leaving the skin cleansed, toned and revitalized.  
**Rs. 7,250 for 40 minutes**

### MANICURE AND PEDICURE

To boost up the tiredness of the feet and hands, give it a clean and new look. Cut, file and polish.  
**Rs. 3,500 for a Manicure or Pedicure/ Rs. 6,500 for Manicure and Pedicure**

### STEAM ROOM, PLUNGE POOL AND JACUZZI

The use of these facilities is included in the treatments. Should you wish to use the steam room, plunge pool and jacuzzi only, the rates that apply are as below.  
**Rs. 1,500 for 30 minutes/ Rs. 2,500 for 60 minutes per person**

